



Connecting
local people with
rewarding volunteering
opportunities

Volunteers of Banyule

Contact Us

Shop 48, The Mall,
Heidelberg West, Vic, 3081

Hours 11am - 3pm
Days Tuesday & Thursday

T 0428 238 246
E volunteersofbanyule@cisvic.org.au
www.cisvic.org.au



Volunteering

Be involved.
Make a difference.



Our friendly and experienced team will provide:

- assistance to individuals to find suitable volunteering opportunities
- information to individuals and groups about volunteering
- promotion and celebration of volunteering throughout the community

Why volunteer?

Volunteering is good for you



Volunteers are happier, healthier and sleep better than those who don't volunteer.



Sustained volunteering is associated with better mental health.



The experience of helping others provides meaning, a sense of self-worth and inclusion.



Did you know over 85% of HR managers look for volunteering on resumes?



Learn new skills and get ahead in the job market.

Where to start?

Decide

How and what you would like to contribute to your community

Think

About how you can contribute. What are your interests, skills and availability?

Look

Come into our office: we can help you find local volunteering opportunities

On-line: www.govolunteer.com.au or www.volunteer.com.au

Apply

For your chosen position using the correct channels

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